

**ABSTRACT OF THE DISCLOSURE**

The invention relates to a method for treating food products wherein the food products are subjected to impacts, wherein the food products are placed in a container (1), are subsequently subjected to impacts through movements of the container and are finally taken out of the container. Device for treating food products, comprising: a container (1) which is movable on a horizontal rotation axis and which is opened on its upper side, and a drive device to cause the container to execute a reciprocating movement, wherein the container is placed at least one collision surface (4.5) which is arranged such that when the reciprocating movement of the container is executed the bodies placed in the container repeatedly strike the at least one collision surface. The food products are preferably formed by meat or fish pieces, and water is introduced into the container so that during the jolting in the container the food products at least partially absorb the water present in the container. These measures result in an improvement in the tenderness of the meat.